

# Cyberbullying

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## Responding to Cyberbullying for Students

### Students:

1. Print out all instances of cyberbullying.
2. Preserve electronic evidence. If you receive a mean or threatening message, do not delete the message. You can take a screenshot of the message; or store the message in a folder. There may be important electronic information that can help law enforcement trace the source.
3. Report improper content and usage to the perpetrator's website or Internet Service Provider. Most websites and Internet service providers have a terms of service agreement that prohibits members from using their service to harass or threaten others. Most websites and Internet service providers supply a link to report this type of abuse.
4. Ignore the sender. You do not have to respond. In fact, responding can escalate the situation.
5. Block the sender. If ignoring the person does not solve the problem, you can block the sender. Most online service providers provide you with the option to block a sender who is sending you threatening or harassing messages.
6. Tell a trusted adult (parent, teacher, social worker, or law enforcement).
7. If you feel you are in danger, call 911.